

Chicken & Rice Soup Recipe

Preparation

1. Bring 4.5 C water to boil
2. Remove M+ packet from Nutri- Plenty® package. Stir remaining contents into boiling water.
3. Cover pot and reduce temperature to low until water is cooked out.
4. Add chicken broth to rice mixture.
5. Cut carrots in quarters and add to pot.
6. Add chicken to pot.
7. Add garlic powder, onion powder, M+ packet and salt and pepper to taste.

Ingredients

- Nutri-Plenty® package
- 32 oz. chicken broth
- ½ can carrots
- 2 cans chicken
- 1 tsp garlic powder
- 1 tsp onion powder
- Salt and pepper to taste
- Green onions, chopped for garnish (optional)