

Fried Rice Recipe

Preparation

1. Bring 4.5 C water to boil
2. Remove M+ packet from Nutri-Plenty® package. Stir remaining contents into boiling water.
3. Cover pot and reduce to simmer for 20min.
4. Stir in M+ packet and cover for additional 5 min.
5. If rice is not at desired consistency, add ½-1 cup more water and cook until desired consistency.
6. Remove from heat and add peas, carrots, and soy sauce
7. Top with green onions, if desired.

Ingredients

- Nutri-Plenty® package
- ½ can peas
- ½ can carrots
- 1 TBSP soy sauce
- Green onions, chopped for garnish (optional)