

Tex-Mex Rice Recipe

Preparation

1. Bring 4.5 C water to boil
2. Remove M+ packet from Nutri-Plenty® package. Stir remaining contents into boiling water.
3. Cover pot and reduce to simmer for 20 min.
4. Stir in M+ packet and cover for additional 5 min.
5. If rice is not at desired consistency, add ½-1 cup more water and cook until desired consistency.
6. Remove from heat and add tomatoes, corn, black beans, and taco seasoning.
7. Top with cilantro, cheese, and sour cream, if desired.

Ingredients

- Nutri-Plenty® package
- ½ can diced tomatoes (drained)
- ½ can corn (drained)
- ½ can black beans (drained)
- ½ package taco seasoning (can sub cumin to taste)
- Cilantro (optional)
- Shredded cheese
- Sour cream (optional)