

Thai Rice Recipe

Preparation

1. Bring 4.5 C water to boil
2. Remove M+ packet from Nutri-Plenty® package. Stir remaining contents into boiling water.
3. Cover pot and reduce to simmer for 20 min.
4. Stir in M+ packet and cover for additional 5 min.
5. If rice is not at desired consistency, add ½-1 cup more water and cook until desired consistency.
6. Remove from heat and add peanut butter, soy sauce, chickpeas, and chili oil.
7. Top with peanuts and green onions, if desired.

Ingredients

- Nutri-Plenty® package
- 1 TBSP peanut butter
- 1 TBSP soy sauce
- ½ can chickpeas (drained and rinsed)
- 1 tsp chili oil (optional)
- ¼ cup peanuts, diced
- Green onions, chopped for garnish (optional)